



OUR MISSION

The mission of Korean American Family Services (KFAM) is to strengthen and support Korean American families and individuals in the greater Los Angeles area through counseling, education, and social services.

ABOUT KFAM

KFAM was founded in 1983 by Korean immigrant women inspired by the vision of Dr. Tae Young Lee, Korea's first female attorney and an early advocate of the rights of women and children, particularly domestic violence victims. KFAM has since grown into the community's primary family resource center and gateway to specialized services that support the health, safety, and well-being of Korean immigrant families. KFAM serves nearly 7,000 children and adults each year, with quality, holistic programs that respond directly to the challenges among Korean American families undergoing trauma or acculturation stress.

CORE PRIORITIES

- 1 Promote the mental and emotional wellness of distressed Korean American adults and children.
- 2 Foster safe and healthy families where children and adults are free from violence and abuse.
- 3 Extend a safety net for resource-poor families without access to care.
- 4 Help build a healthy, safe, and thriving community in collaboration with community partners.



SUPPORT KFAM THROUGH YOUR TAX-DEDUCTIBLE DONATION

KFAM relies on the generosity of our donors to sustain our work of helping families. There are several ways you can make a 100% tax-deductible contribution to KFAM.

(Tax ID #95-3899329)

ONLINE

www.kfamla.org/donate

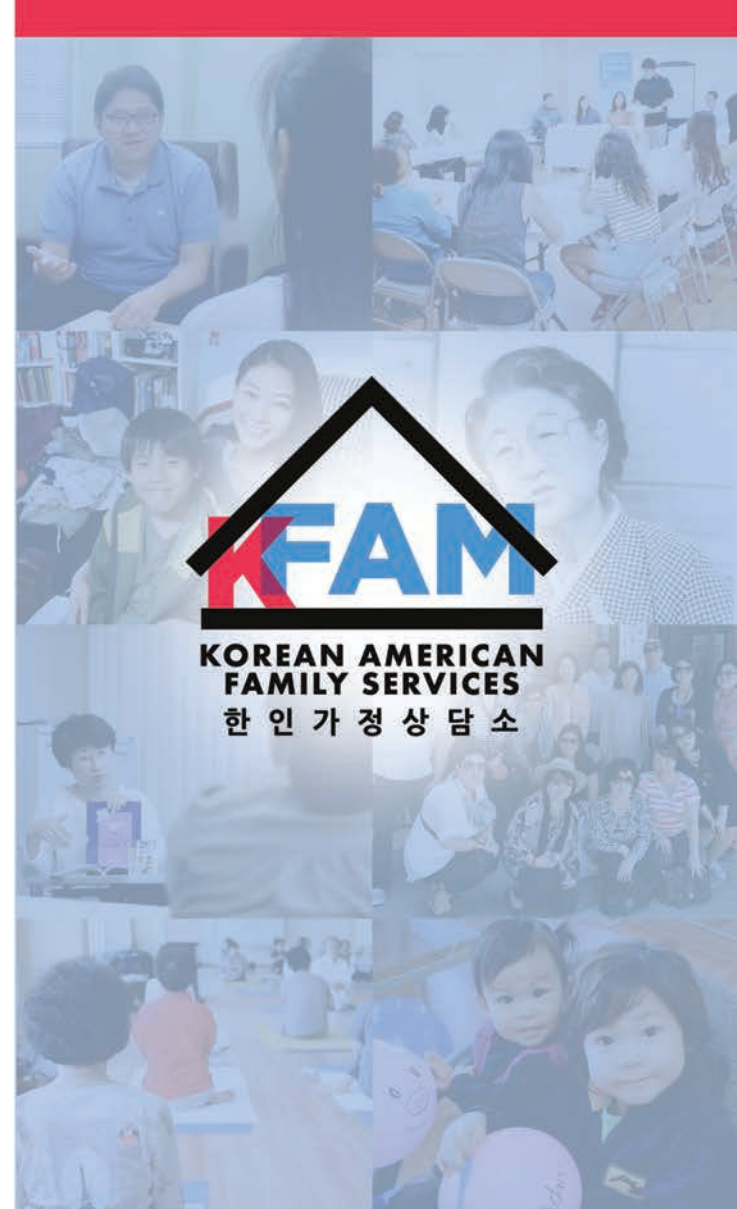
BY MAIL

Make checks payable to:
KFAM



3727 W. 6th Street, Suite 320
Los Angeles, CA 90020
Phone: 213.389.6755

www.KFAMLA.org
admin@kfamla.org



**KOREAN AMERICAN
FAMILY SERVICES**
한인 가정 상담소

Changing Lives,
Strengthening Families

—Since 1983—

WWW.KFAMLA.ORG

AFTER HOURS CRISIS LINE: (888) 979-3800

INDIVIDUAL AND FAMILY SERVICES



COUNSELING AND MENTAL HEALTH

KFAM provides confidential, professional counseling services to Korean American families and individuals in Los Angeles County. Our bilingual counseling staff consists of licensed therapists, registered MSW/MFT interns and trainees, a psychologist, and a child psychiatrist. We provide affordable, quality mental health care in a supportive and culturally-responsive environment.

Services offered in Korean and English.

FAMILY VIOLENCE

In our Center for Women & Children, KFAM provides culturally relevant, trauma-informed services for Korean immigrant families affected by domestic violence. All services are free of charge for victims of family and intimate partner violence.

Services offered in Korean and English.

CLINICAL COUNSELING

- Children, Adolescents, and Adults
- Couples and Families
- Medication Services
- Psychological Testing Services
- Integrated Services (for co-occurring mental health, physical health, and substance abuse issues)

GROUP SERVICES

- Anger Management
- Batterer's Intervention Program
- Parenting Class
- Alcoholics Anonymous

COMMUNITY MENTAL HEALTH

Korean Mental Health Screening Day: *Screen Your Mind for a Happy Life*

A day of depression screening, education, and pro bono individual consultation with a clinician to promote awareness and access to mental health care for Korean Americans.

Mental Wellness Seminars and Workshops

Community preventive care on priority issues such as stress, anger management, depression and anxiety, and life stage issues.

- Domestic Violence Counseling and Advocacy Services
- Life Beyond: Victim/Survivor Support Group
- Mental Health Services
- Family Law Clinic
- Supervised Visitation Program
- Child Abuse Prevention, Intervention, and Treatment
- 52-Week Batterer's Intervention Program
- Faith & Community Partnership Against Domestic Violence
- **After Hours Domestic Violence Hotline: (888) 979-3800**



COMMUNITY PROGRAMS



CHILD CARE FOOD PROGRAM (CCFP)

Working with the U.S. Department of Agriculture and the CA Department of Education, KFAM subsidizes nutritious meals and snacks at licensed day care centers and home providers in the greater Los Angeles area. To ensure the health of over 5,000 children served daily, KFAM provides participating day care providers with monitoring and training on nutrition, safety and child development. KFAM is an equal opportunity provider.

Services available in Korean, Chinese, Vietnamese, Spanish, and English.

KOREAN FOSTER FAMILY INITIATIVE (KFFI)

KFFI recruits licensed Korean foster parents to provide culturally/linguistically appropriate homes for Korean and Asian foster children. We provide education, training, and ongoing support so that foster children can be placed with loving Korean American licensed foster families.

OUTREACH & SUPPORT SERVICES

KFAM provides education, outreach and support services that strengthen families and empower lives.

- Readiness for School
- Parenting Education
- Yoga for Seniors
- Open Spaces Writing Group
- Consumer Mediation Talk Line
- Information and Referral
- Domestic Violence/Child Abuse Prevention Campaigns

For more information about our services, call us at **213.389.6755** or visit our website at www.KFAMLA.org

CREATING HOPE AND WELLNESS

A Client Story

I was suffering from immobilizing panic attacks and anxiety disorders and was using drugs for four years to deal with severe depression. Through counseling at KFAM, I began re-creating my sense of self and started seeing a positive future for myself. Therapy brought clarity to my confused thoughts and helped me come to terms with a dark past. This was the beginning of my recovery process with the help of my therapist to navigate through it. I experienced firsthand the transformative power of KFAM's counseling services and believe my recovery was possible through their help. —KFAM Counseling Client